



# 1<sup>st</sup> VIRTUAL ANNUAL MEETING



**Bouncing back from Adversity ...  
Forging the Way to a Better Normal**

TIME	DAY 1: December 03, 2020 (Thursday)			
8:00am - 9:30am	Free Paper Presentation 1 Sponsored by: United American Pharmaceuticals			
9:30am - 10:30am	Free Paper Presentation 2 Sponsored by: United American Pharmaceuticals			
10:30am - 11:00am	Opening Ceremonies			
11:00am - 12:00pm	Plenary 1: How We Did It! ORL-HNS Practice in Various Settings in the Greater Metro Manila Area			
	Chair: Ma. Lourdes B. Encilla, MD			
	St. Luke's Medical Center COVID 19 Playbook: From Catastrophe to Opportunity Benjamin S.A. Campomanes, Jr., MD			
	How We Did It During the Early Phases of the Pandemic in a Tertiary Government Hospital Alfonso Victorino H. Famaran, Jr., MD			
	Mall-Based ENT Practice during the COVID-19 Pandemic: How I did it Angelo A. Monroy, MD			
	Q&A			
12:00pm - 1:00pm	Plenary 2: Sponsored by: A. Menarini Philippines, Inc.			
	Moderator: Danilo A. Poblete, MD Reactor: Cecilia Gretchen S. Navarro-Locsin, MD			
	Redefining our Approach in Allergic Rhinoconjunctivitis Management in the Time of COVID-19 Prof. Ralph Mosges, MD			
	Q&A			
1:00pm - 1:30pm	Break			
1:30pm - 2:30pm	Symposium 1 (PANORS): Otology, Neurotology and Audiology Services amidst a Pandemic	Symposium 2 (PAR): The COVID-19 Pandemic and the Nose: Challenges for the Rhinologist	Symposium 3 (AHNOP): Updates in Head and Neck Cancer for the Better Normal	Symposium 4: Wealth Management and Financial Independence for Doctors
	Chair: Erasmo Gonzalo D.V. Llanes, MD	Chair: Peter R. Jarin, MD	Chair: Christine Joy S. Arquiza, MD	Chair: Napoleon A. Cecilio, MD
	Making Audiology Work during COVID-19 and Beyond De Wet Swanepoel, PhD	Boosting Sinonasal Health and Immunity at the Time of the COVID-19 Pandemic Norman N. Mendoza, MD	Updates in Head and Neck Cancer Staging Rey G. Malahito, MD	Live the Life You Choose: A Financial Literacy Talk for Physicians Ms. Lesley Anne B. Perez
	Otologic and Neurotologic Care during the COVID-19 Pandemic Elliott D. Kozin, MD	Challenges of Rhinologic Surgery during the COVID-19 Pandemic Era January E. Gelera, MD		
	Q&A	Telemedicine for the Rhinologic Patient Ryan U. Chua, MD	Thyroid Cancer and Genetics Michael V. Medina, MD	Wealth Management and Estate Planning: Beyond Pandemics Mr. Francis Jay F. Nacino

2:30pm - 3:30pm	Symposium 5: (PAAUD) Management of Tinnitus	Symposium 6 (PAPO): Pediatric Otolaryngology in the Outpatient Setting	Symposium 7 (PACMFS): Maxillofacial Surgery in the Time of COVID-19	Symposium 8 (PASS): Managing Sleep Apnea Patients Remotely
	Chair: Jona Minette E. Ligon, MD	Chair: Adonis B. Jurado, MD	Chair: Jehan Grace B. Maglaya, MD	Chair: Jimmy V. Chang, MD
	Management of Tinnitus by Partial Peripheral Reafferentation with Hearing Aids or Cochlear Implants Jae-Jin Song, MD (Korea)	Pediatric Otolaryngology Pearls and Pitfalls in the Outpatient Setting Helena Michelle N. Casipit, MD	AO CMF International Task Force Recommendations on Best Practices for Maxillofacial Procedure during COVID-19 Pandemic Irlan C. Altura, MD	Home Sleep Apnea Testing: A Viable Diagnostic Option During the Pandemic Jimmy V. Chang, MD
			Maxillofacial Surgery and the Pandemic Isaac Cesar S. De Guzman, MD	Monitoring PAP Compliance Remotely in OSA Patients Tripat Deep Singh, MD
		Panel Discussion: Joselito F. David, MD Enrico Micael G. Donato, MD Jehan Grace B. Maglaya, MD	Mask Fit AR Mask Fit Mobile App System Prof. Cox Tan Ngo, MD	
3:30pm - 4:30pm	Plenary 3: Finding Solution to Quality of Life: COPD and Upper Airways Sponsored by: Sandoz			
	Moderator: Edmund T. Ong, MD			
	Camilo S. Roa, MD			
	Q&A			
4:30pm - 5:30pm	Plenary 4: S Pro Talks Sponsored by: Reckitt Benckiser			
	Moderator: James Deakin			
	Antimicrobial Resistance: Global and Local Situation Edsel Maurice T. Salvaña, MD			
	Efficacy of Flurbiprofen in the Symptomatic Relief of Acute Pharyngitis Adrian Shephard BSc (Hons) CBiol FSB			
5:30pm - 6:00pm	Break			
6:00pm - 7:00pm	Plenary 5: Antimicrobial Resistance by the Numbers: Focusing on Solutions for a better ENT Practice Sponsored by: GlaxoSmithKline			
	Moderator: Melvin Pasay, MD			
	Ernesto M. de Leon, Jr., MD			
	Q&A			
7:00pm - 9:00pm	Induction of New Fellows			

TIME	DAY 2: December 04, 2020 (Friday)			
7:00am - 3:00pm	BOT Election 2020			
8:00am - 9:00am	PJO-HNS Workshop: Research Development			
	Moderator: Rubiliza DC. Onofre-Telan, MD			
	Research Hacks: Advice to Authors, Editors, and Reviewers Jose Florencio F. Lapeña Jr. M.A., MD			
	Q&A			
9:00am - 10:00am	Plenary 6: Maintaining and Improving Mental Health and Resilience for ORL-HNS Doctors			
	Chair: Adrian F. Fernando, MD			
	Guilty about Self-Care?: Fostering Resilience through Self-Compassion Monina Garduño-Cruz, MD			
	Mental Health Resilience: Adapting in the Low Touch Society Maria Lavinia B. Peñaverde, MBA			
	Q&A			
10:00am - 11:00am	Plenary 7: How We Did It in our Very Own Region! ORL-HNS Practice in Various Regions in Luzon, Visayas, and Mindanao			
	Chair: Joel A. Romualdez, MD			
	Certainty in Times of Uncertainties Godofredo Jose P. Hizon, MD			
	How I Did It ... Still Doing It ... and Having a Life with It Samantha Ruth B. Cainghug-Baillo, MD			
	InvENTive Solutions in the Time of COVID Justin Elfred Lan B. Paber, MD			
	Q&A			
11:00am - 12:00nn	Plenary 8: Nasal Saline Irrigations - What is the Evidence? Sponsored by: SV More			
	Moderator: Antonio H. Chua, MD			
	Prof. Simon Carney, MD			
	Q&A			
12:00nn- 1:00pm	Symposium 9 (PAORLACI): Unmasking the Mask: Learn and Adapt	Symposium 10 (PALP): Surgical Preparation and Procedure for Laryngology in COVID Times	Symposium 11: (PAFPRS): Not Even COVID Can Stop the Beauty and the Best	Symposium 12: The Future of ORL-HNS Residency Training & Development
	Chair: Rodante A. Roldan, MD	Chair: Frederick Y. Hawson, MD	Chair: Aileen S. Delos Santos-Garcia, MD	Chair: Felix P. Nolasco, MD
	CO2 Retention in Respirator Masks Anne Marie V. Espiritu, MD	The Evaluation and Management of the Immobile Vocal Fold Veronica F. Magnaye, MD	Moving Back in Time Amidst Pandemic. Facial Local Flap: Revisited Konrad P. Aguila, MD	Implementation of Outcome Based Education at the Otolaryngology-Head and Neck Surgery Residency Training in the Philippines Maria Natividad A. Almazan, MD
		A Case of Vocal Cord Cyst Carlo Paolo M. Pagalilauan, MD	Pre-Cheiloplasty: What To Do? (Personal Experience) Cesar V. Villafuerte, Jr., MD	ResidENTs of the Future: The Setbacks and The Silver Linings Charles M. Mendez, MD
Adverse Facial Reactions to PPE Use Paula Luz C. Santos, MD	Recurrent Respiratory Papillomatosis: Our Recurrent Challenge during the Pandemic Janice M. Mangahas, MD	Fine-Tuning the Millard Technique: Avoiding Common Pitfalls in Cheiloplasty Dennis Cristobal S. Mangoba, MD	ORL-HNS Training Curriculum: Future Direction Virgilio R. de Gracia, MD	

1:00pm - 2:00pm	Plenary 9: Telemedicine Today: Overcoming the Limitations of Virtual Consult in ORL-HNS
	Chair: Rodante A. Roldan, MD
	Telemedicine: A Call to Action Johnny Pellicer Professorial Chair Lecture in Medical Informatics Iris Thiele C. Isip-Tan, MD
	Legal Considerations in Conducting Virtual Consultations Atty. Antonio Alejandro D. Rebosa, MD
	Q&A
2:00pm - 3:00pm	Plenary 10: "Bless you po!" Allergic Rhinitis in the Elderly Sponsored by: Bayer
	Moderator: Maria Margarita M. Flores-Taningco, MD
	Francis V. Roasa, MD
	Q&A
3:00pm - 4:00pm	Plenary 11: The Otorhinolaryngologist and the Dentist: Links for Collaboration Sponsored by: Johnson & Johnson
	Moderator: Kennard Q. Felix, MD
	Teresa Luisa G. Cruz, MD
	Q&A
4:00pm- 5:00pm	Plenary 12: Moving Forward
	Chair: Antonio H. Chua, MD
	Evolving SLMC-BGC ENT-HNS Group Practice William L. Lim, MD
	Moving Forward: How the COVID-19 Pandemic Will Likely End Edsel Maurice T. Salvaña, MD
	Q&A
5:00pm - 6:00pm	Plenary 13: Allergic Rhinitis and COVID-19: Know the difference Sponsored by: United American Pharmaceuticals
	Moderator: Joel A. Romualdez, MD
	Wilfredo F. Batol, MD
	Q&A
6:00pm - 9:00pm	Fellows Business Meeting
9:00pm - 9:30pm	Closing Ceremonies